

Senior School Newsletter

24th April 2020

Welcome to the Summer Term—but not as we know it!

A very warm welcome back to all our pupils, even if it is a remote return to school! I hope this newsletter finds you all in good health and that pupils are already engaging in the online programme.

I know that for some of our pupils, and indeed their families, the transition to remote learning has been a tough one and I repeat the advice I gave in my letter earlier in the week—please do not hesitate to contact your form tutor or a member of the pastoral team for help. Make sure you use the SMHW app or email your teacher if you need some support with any of the work you have been set. We know it is not easy and every child and every household needs to find a way of working that is right for them and the mental health and wellbeing of everyone concerned. Try to find a routine that works for you and stick to it.

For those pupils in Year 9 who are in the process of choosing their GCSE options, Mrs Norman will be emailing parents early next week with regards to final choices, so please keep a look out.

In these difficult times, it is always nice to hear of good news stories and achievements, so if you have any good news items that you would like to share, especially with accompanying photographs, please send them into Mrs O'Reilly at marketing@hulmehallschool.org

For me, the biggest bonus of the lockdown is that I have been able to spend more time with my two dogs, Jack and Billy, and they, at least, seem quite happy to have me around the house more often, even if they do end up sitting at my feet, whilst I am working at my laptop!

Mr Dean Grierson, Headmaster



"Dogs believe they are human. Cats believe they are God."

We wonder if Mrs Smith's cat, Pepper, and Mr Grierson's dogs, would agree with this quote from Jeff Valdez?!

It looks to us like it sums up their work companions perfectly!

If you have any images of your fourlegged classmates, send them in to marketing@hulmehallschool.org



Student Voice

So many of our students are producing work that so eloquently expresses their opinions, that we thought we would share some of this with you and give our students a 'voice' in the newsletter.

Rufus C from Year 7 was asked by Enrichment to write a speech and the resulting piece is very powerful. It could not be more apt in the current climate.

Global Epidemic but it's not Coronavirus

There is a global epidemic. I'm not talking about Covid-19. I'm talking about the fact that four out of five teenagers are damaging their heart and brain development, every single day. The reason for this is simple. Teenagers are not taking enough exercise. The World Health Organisation have identified two main reasons:

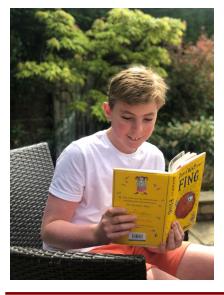
Number 1—digital play

Number 2—the focus for teenagers to pass exams

Taking just 60 minutes of exercise a day makes you mentally healthy and happy and gives you energy as well as promoting muscle growth. Studies have shown it reduces the risk of diabetes and helps you sleep.

Children aren't lazy, we just need to prioritise exercise and make sure we do one hour a day.

Rufus C, Year 7 Enrichment Task



Enjoy a Book

Losing yourself in a book for a couple of hours is a great way to escape during the lockdown as well. Oscar has been delving into the crazy world of David Walliams and will be writing a book report on *Fing* once he has finished it.

Let us know which books you would recommend whilst we all have more time on our hands and we'll see if we can include some of your suggestions next week. We'd also like a picture of you reading your book at home. The more imaginative the setting, the better!

JLC Get a Mention on Radio 2

Anyone listening to Radio 2 on Friday 10th April may have heard a 'shout out' to our JLC from Miss Keddy!

She's missing the children so much that she wanted to do something special for them that would make them smile. A mention on the Sara Cox Drivetime Show was certainly a lovely way to get their attention!





Physical Challenges

PE Challenges

Well done to Milly in Year 11 who took on the Standing Jump Challenge set by Miss Lucas during the Easter break and managed a brilliant 101cm!

Miss Lucas and Mr Marsh created a series of challenges that went on social media from testing your hand eye coordination with the Ball Challenge and Sock Basketball Challenge to testing strength and determination with the Standing Jump Challenge and Wall Sit exercise. They are still available to view on our social media platforms, so why not have a go and see if you can improve on Miss Lucas' jumping record of 161cm?









Keeping Active

Children from the JLC have also been keeping active using some of the suggestions that the PE department have sent them.

As well as doing PE with Joe, Harvey and his brother are making the most of the quiet country lanes and going out for their daily exercise on their scooters!



North West Basketball Referee of the Year

We are incredibly excited to announce that the Referee of the Year for the North West region of BASKETBALL ENGLAND **VOLUNTEER AWARDS**NORTH WEST REGION WINNERS

REFEREE OF THE YEAR

AUTUMN LUCAS

Basketball England is none other than our very own Miss Lucas!

Huge congratulations to our Sports Co-ordinator who volunteers many of her evenings to help referee her favourite sport. Her commitment and dedication has paid off and we are lucky that we can utilise her expertise to improve and coach our own school basketball teams.

Well done Miss Lucas!



Healthy Eating (and a few treats!)















Calling All Budding Chefs!

It is so important to maintain a healthy diet and ensure that you are taking in all those nutrients that you need to support your physical and mental wellbeing. Our catering company, CH&Co, have developed some recipes for you to try at home that have been designed to help maintain a good level of energy and enhance concentration as well as balance mood and stress.

Not only are they encouraging pupils to continue to make healthy choices, but they also want to crown one of you, Hulme Hall Home Chef of the Week! Send in a picture of you cooking one of their recipes to EduConference@chandcogroup.com and you could be our first Chef of the Week! Different recipes will be added each week and can be found on our remote learning page on the website https://www.hulmehallschool.org/remote-learning/ This week's recipes include dark chocolate brownies, banana pancakes and tuna bean pasta! Totally yummy and all nutritionally balanced!

We will certainly have a few contenders, if the pictures you are already sending us are anything to go by!





A New Arrival in Pre-School

Congratulations to Mrs Dawson, from Pre-School, on the birth of her beautiful daughter, Harriet Edie, who arrived on the 16th April at 2.42pm weighing 8lb 6oz.

Both mum and baby are doing well and we can't wait to meet the new addition!



Hulme Hall Challenges

During the past few weeks, we have set a series of challenges on social media to keep you active. Some were physical challenges whilst some of them were designed to test your mental skills. So how did you do?! Answers can be found in the next couple of pages. Thanks to one of our Governors, Mrs Harris, for providing the clues and answers to the quizzes.



Can you guess the **Prime Minister from** the cryptic clues? They are all from the 15. Erica or open country

> 18th Century onwards...

Carlisle river

Built by Hadrian with a sturdy stick

Brand or London square

British tennis player prince

Putting food into tins

Perthshire castle

Happy little rock

Get first prize with no hair!

Citrus rind or sound of bells

10. B or C with Lincolnshire town

11. Last testament offspring

12. Tea with bergamot

13. Unwell after consecrated building

14. Army rank

16. Compass point

17. Hole in the ground

18. Di goes round the Holy Land

19. Plain and cathedral

20. Sun-tanned

Eden

Walpole 2.

Russell

Lloyd George

Canning

Blair 6.

Gladstone

Baldwin

9. Peel

10. Melbourne

11. Wilson

12. Earl Grey

13. Churchill

14. Major

15. Heath

16. North

17. Pitt

18. Disraeli

19. Salisbury

20. Brown



Can you guess the countries from the clues?

Nuts 1.

Christmas dinner

Needs elbow to achieve a shine

Where the hills are alive with the sound of music

Men formally dressed here? 5.

High quality ceramic

Root vegetable plus a letter 7.

8. Someone in a hurry?

9. Cold in South America?

10. Straw hat

Not much rain in the hills here

Paddington's origin 12.

13. Goose type

Hard-up vocalist

Marine mammals

7th century Mercian saint

Ready for a meal?

Wingless insect, hopefully not in your hair!

Katie Price

Brazil 1.

Greece

Turkey

Austria

Thailand

China

Sweden

8. Russia

9 Chile

Panama

Spain

12. Peru

Canada

14. Singapore

Wales 15.

Chad

17. Hungary

Guinea

19. Laos

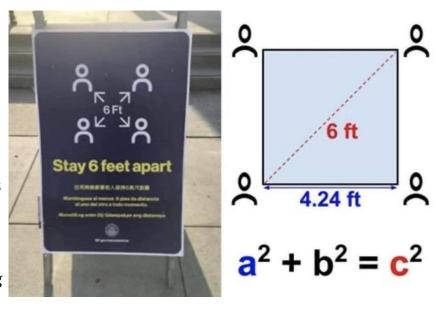
20. Jordan

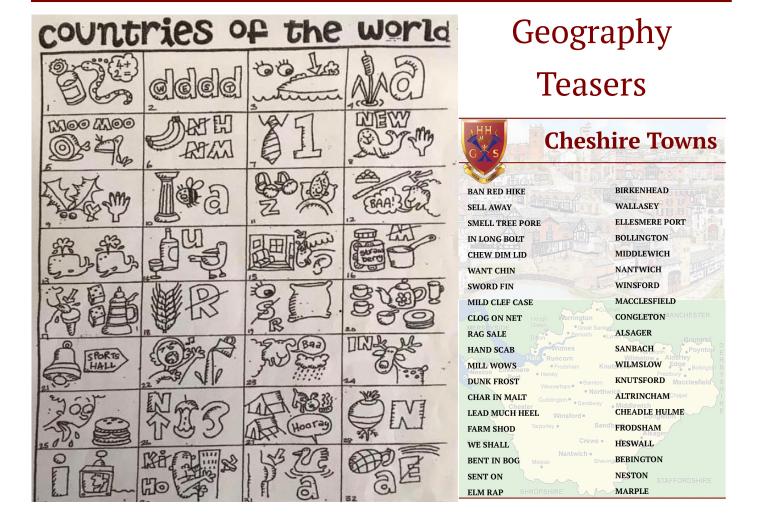
Hulme Hall Challenges

Maths Teaser

In the final newsletter of last term, we asked you what was wrong with the sign on the left... Did anyone get the answer? It is inadvertently incorrect as Pythagoras' Theorem illustrates on the right. Basically if the diagonal is 6ft then the verticals and horizontals will NOT be 6ft, they will in fact be less and as such, flout the 6ft social distancing rule.

Thanks Mr McNaught for explaining the answer!





For those of you who may not have seen it, we're including our Countries of the World quiz to keep you entertained this weekend! Answers will be provided in the newsletter next week.

Good luck!



Hulme Hall Challenges

The MFL department set the Great Spanish and French Language Challenges to pupils in KS3 over Easter and there are some fun tasks involved if you fancy having a go!

